

# PROTOCOL OF PREVENTIVE MEASURES AGAINST SARS-CoV-2 VIRUS IN THE MASSAGE AREA

## BEFORE AND AFTER EACH JOURNEY

- The entire floor shall be cleaned with a mop impregnated with disinfectant.
- All utensils and material in the room will be cleaned with appropriate products to ensure disinfection.
- Between massage and massage will be left a prudent time for cleaning and disinfection of the room.

## RECEPTION PROTOCOL

- The customer shall be informed of the need to be punctual in order not to cross paths with other customers. It will also be necessary to go with protective mask and if possible without earrings, rings, watches, ...bracelets
- The guest will wait in the reserved area, or you can wait at the reception or in the room. If requested, you may be contacted by telephone when the room is ready.
- The safe distance during reception shall be maintained at all times.

## PROTOCOL OF THE SESSION

- Any material not required for the conduct of the sessions will be deleted.
- At the entrance the footwear shall be disinfected by means of a disinfectant mat with virucide solution.
- Once inside the room the customer will be supplied with hydroalcoholic gel for washing hands.
- All clothing taken off by the customer will be placed on a standing hanger, which will be disinfected once the customer leaves the room.
- The therapist will proceed to wash hands and forearms with hydroalcoholic gel.
- The material to be placed on the stretcher shall be disposable.
- During the whole session the masseur will remain with a mask.

## PROTOCOL AFTER TREATMENT

- All disposable material will be taken to the recycling area and placed in a plastic bag.
- Towels will be changed after each session, taking the used ones to the established area for washing and disinfection.
- Disinfected towels will be collected for the new service.

- Meticulous cleaning and disinfection of the surfaces and areas in contact with the customer (stretchers, hanger, door handles, etc.) with accredited virucides or with a 70% hydroalcoholic solution.
- The floor shall be cleaned with a mop impregnated with disinfectant.
- The customer will be provided with hydroalkaloic gel at the outlet.

IMPORTANT NOTE: the actions included in this protocol are under continuous review according to the evolution and new information available on the virus SARS-Cov-2 and the protocols stipulated by the Ministry of Health and the Ministry of Health of the Junta de Andalucía, which shall always be binding and shall prevail over this document. Our therapist is trained in prevention and action against SARS-Cov-2 virus by Quirón Prevención.